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## CLAIMS

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- 1. A composition for the stimulation of collagen synthesis by human skin fibroblasts, said composition comprising a mixture of BMF and carnosine.
- 3. A composition according to claim wherein the concentration of carnosine is about
  5 1mM to about 100mM.
  - 3. A composition according to any one of claims 1 or 2 wherein the composition comprises about 0.1 to about 2.0% (w/v) carnosine.
  - A composition according to claim3 wherein the composition comprises about 1.0%
    (w/v) carnosine.
- 10 5. A composition according to any one of claims 1 to 4 wherein the composition comprises about 0.01 mg/g to about 200 mg/g BMF.
  - 6. A composition according to any one of claims 1 to 5 wherein the composition comprises about 0.01 to about 1.0% (w/w) BMF.
- 7. A composition according to claim 6 wherein the composition comprises about 0.02 to about 0.2% (w/w) BMF.
  - 8. A composition according to any one of claims 1 to 7 wherein the BMF includes growth factors selected from the group comprising IGF-1, IGF-2, PDGF, FGF and TGF\$
  - 9. A composition according to any one of claims 1 to 8, comprising additional growth factors, Vitamin A, vitamin C, vitamin E, dimethylsulfoxide, retinoic acid, copper-peptide complexes, alpha-keto acids, lanolin, vaseline, aloe vera, methyl or propyl paraben, and pigments alone or in combination.
  - 10. A method for treating aged, photodamaged and damaged skin, said method comprising applying to the skin of a human in need thereof an effective amount of a composition according to any one of claims 1 to 9.
- 25 11. A method for improving the aged appearance of skin, said method including applying to the skin of a human in need thereof an effective amount of a composition according to any one of claims 1 to 9.
  - 12. A use of a composition according to any one of claims 1 to 9 in the preparation of a composition for treating aged, photodamaged and damaged skin.

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13. A use of a composition according to any one of claims 1 to 9 in the preparation of a composition for improving the aged appearance of skin.